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## A Roadmap for Secondary Teacher Education Through Open **Distance** Learning

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Dr. Vidyapati, Dr. Bendangyapangla

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## Abstract

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Various Commissions and Committees have highlighted the importance of quality teacher education and the need to train them for effectively transacting the curriculum and to maintain quality in our education system. However, training the teachers has not been an easy task due to the sheer number of untrained in-service teachers and the aspirant teachers. This product the aspirant teachers. This problem could be mitigated to some extent due to the presence of Open and D: due to the presence of Open and Distance Learning institutions. Yet, the problem still persists for a number of the problem of the problem still persists for a number of the persis the problem still persists for a number of different reasons. The NEP 2020 envisions taking distance teacher education programme to the learner at remote locaries (11) linions) door step of the learner at remote location (with some pre-conditions) which is a novel and wonderful proposition. However, such a venture so that conalisation is a novel and wonderful proposition. However, such a venture calls for careful meticulous planning so that conalisation is a novel and is a solution. calls for careful meticulous planning so that quality is uncompromised.

Key words: Open Distance Learning: student teachers; internship;

# NEP 2020 A Road Map to Fiture Higher Education

*Editors* Dr. Vidyapati Dr. Dhiraj Singh

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Author(s): <u>Ankita Kushwaha\*</u>, <u>Vivek K. Chaturvedi</u>, <u>Sachchida Nand Rai</u>, <u>Sanjay C. Masih</u> and <u>M. P. Singh</u>

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### Abstract

Mushrooms are used not only for culinary purposes, but also for the treatment of various chronic diseases. It shows vital therapeutic activity in several neurodegenerative disorders such as, Alzheimer's and Parkinson's diseases. These diseases are non-communicable as well as age-related. Currently, no drug therapy is available to treat such neurodegenerative disorders; instead, it is best to delay progression of these diseases. Accumulated evidence has suggested that culinary or medicinal mushrooms may play a significant role in the prevention of these disorders, as mentioned earlier, and dementia. Therefore, daily consumption of mushrooms in the diet may improve memory and cognitive functions, including mushrooms such as, Hericium Erinaceus, Ganoderma lucidium, Pleurotus giganteus, Dictyophora indusiata, Sarcodon scabrosus, Antrodia camphorata Termitomyces albuminosus, Paxillus panuoides, Mycoleptodonoides aitchisonii, Lignosus rhinocerotis, and numerous other species. These mushrooms show potent antioxidative, antiinflammatory, and memory-enhancing activities. This chapter deals with the therapeutic activity of mushrooms can be considered supportive and promising candidates for treating or preventing neurodegenerative diseases.

Keywords: Anti-inflammatory, Antioxidant, Culinary mushroom, Neurodegeneration, Neuritogenic, Neuroprotection, Neurotrophic.

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